

# DUO

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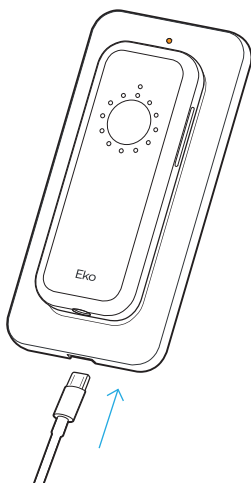
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## Quick Start Guide

### 1. SETTING UP THE DUO

#### Charge Your Device

Plug the charging pad into an outlet using the included mirco USB and wall adapter. Place DUO on the wireless charging pad. **The lights circling the center button will turn on, indicating that the DUO is charging and properly placed.** An orange light will also appear on the changing pad. The lights on DUO will turn off once fully charged.



#### DUO Light Patterns



DUO is on, blinking.  
In pairing mode.



DUO is on.  
Paired with device.



DUO is on.  
20% Battery.



DUO is on, blinking.  
10% Battery.



DUO is charging.  
Lights circle button.



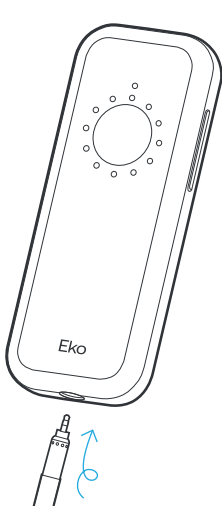
DUO is fully  
charged.

### 2. INSTALL DUO EARPIECES

#### Hear Audio

Insert Eko Earpiece into the audio jack and twist to secure.

DUO can also be used with most wired 3.5mm headphones.



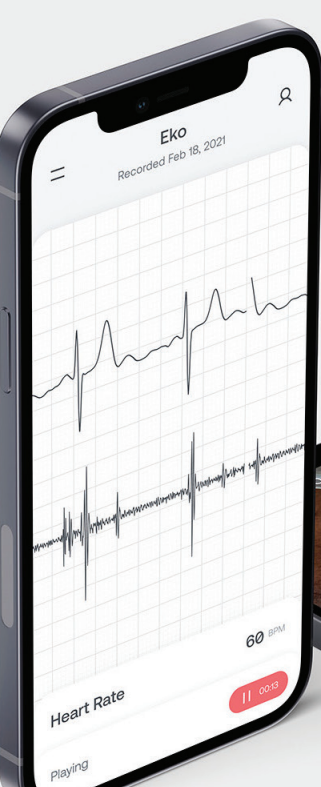
## Download the Eko App

- Pair DUO with Eko App
- View Sound & ECG Waveforms
- Save & Share Recordings
- Connect a Pair of Wireless Headphones (limited compatibility)



Scan to download

Eko App helps you easily connect to DUO for secure transmission and analysis of your recordings.



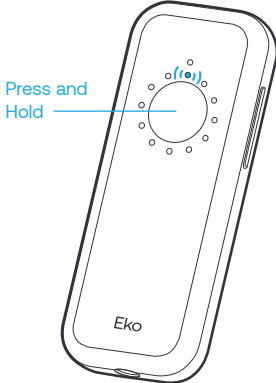
### 3. POWERING ON AND OFF

#### Turn DUO On/Off

To turn on, press and hold the center button for one second, then release. The lights will blink.

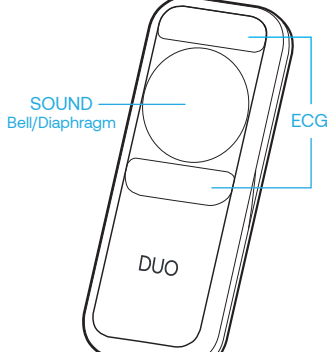
When paired with Eko App, light will turn solid.

To turn off, press and hold the button for 2 seconds, then release. Lights will turn off.



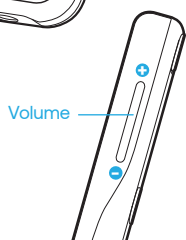
#### Sounds + ECG

DUO is equipped with a digital stethoscope diaphragm and 2 ECG electrodes.



#### Volume Control

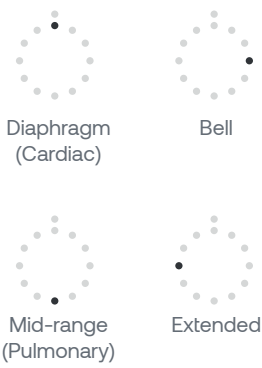
Click the side button to adjust the body sound amplification in the Earpiece.



### 4. ADJUSTING THE AUDIO FILTERS

#### Change Audio Filter

The DUO has 4 different audio filters. You can change to a different audio filter by clicking the center button three times.



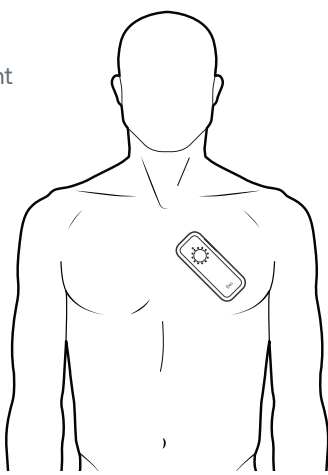
### 5. ECG-CAPTURING HIGH QUALITY SIGNAL

#### Placement

DUO streams a single lead ECG. Best placement can vary.

ECG electrodes must be placed on the skin.

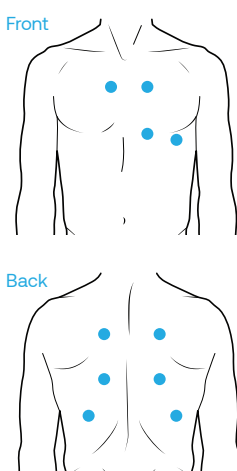
DUO can also be used to auscultate at all anatomical positions.



### 6. SOUND-CAPTURING HIGH QUALITY HEART AND LUNG SOUNDS

#### Placement

These dots indicate generally accepted DUO placement positions for listening to the heart (front) and lungs (back). DUO is sensitive to vibration and hand noise. Remember to apply firm and constant pressure against the body to ensure good contact.



#### Learn More

Translated DUO user manuals available at [support.ekohealth.com/DUO](http://support.ekohealth.com/DUO) or contact us at [support@ekohealth.com](mailto:support@ekohealth.com)

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